



J2BD Academy, Zoom Techniques, & H2Powerfitness Training Liability and Release Form

Athlete Name: _____

Age: _____ **Grade:** _____ **Sex:** _____

Parent Name: _____

Parent Phone: _____ **Parent Email:** _____

LIABILITY AND RELEASE FORM

Release of Liability I, the undersigned, hereby release J2BD ACADEMY, H2 POWER FITNESS, LLC and ZOOM TECHNIQUES from any liability or claims for injury, illness, or property damage that I sustain and/or cause during my participation, or sustained by my son/daughter/minor in my care participating in this event, program or other which is any way related. I expressly accept and assume all risk inherent in this activity or that might have been caused by the negligence of Releasees. Releasees are defined as sponsors, partners, officers, members, agents, employees, and other organizations, entities and individuals who are serving H2 POWER FITNESS, LLC including all volunteers assisting with programs, events, or other activities. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless Releasee from any and all claims, demands, or causes of action which are in any way connected with my participation in this activity, or my use of their equipment or facilities, arising from negligence. This release does not apply to claims arising from intentional misconduct.

CLIENT NAME (Please Print):

PARENT/GUARDIAN NAME, if under 18 years old (Please Print):

CLIENT SIGNATURE (Parent/Guardian)

_____ **DATE:** ____ / ____ / ____

**** This completed form must be on file with H2 POWER FITNESS, LLC OR J2BD ACADEMY prior to the start of associated program, event or activity. ****